

May 26, 2010

Hello Everyone,

During the week of June 7th the Boys & Girls Club of Salem will be walking 190 miles (the length of NH) as part of the WALK NH program. The WALK NH program is designed to promote walking in New Hampshire for children and adults. The goal of this program is to engage everyone in walking and raise awareness of walking as part of a healthy lifestyle.

We will organize daily walks each day for any and all members who want to participate in this program. The goal of 190 miles is combined effort for all who participate. If the Boys & Girls of Club Salem team walks the 190 miles, we will receive \$1000.00 from Oakhurst Dairy. Each participant will receive a walking log to track all of their miles. Please see Mike Stevens for a walking log.

All members who walk are invited to a cookout on Friday June 11th at 4:00pm. The menu will consist of hot dogs, hamburgers, fruit, drinks and pop-sicles. Do you want to help the Club receive another \$1000.00? The Boys & Girls Club in NH who collects the most Oakhurst bottle caps by July 1st or August 1st (date has not been determined yet) will receive an additional \$1000.00 for their Club. There will be a box for bottle caps at the front desk on the first floor. Please drop off caps early and often. If you have any questions regarding this program please contact Mike Stevens (603) 898-7709 ext. 14 or mstevens@salembgc.org.

Thank you for your help and support,

Sincerely,

The Members and Staff of the Boys & Girls Club of Salem

